

Program Proposal: Integrated Management of Psoriasis & Psoriatic Arthritis

I. Program Learning Objectives

- **Clinical Integration:** Develop a customizable treatment program for Psoriasis and Psoriatic Arthritis adaptable to diverse practice environments.
- **Multidisciplinary Collaboration:** Foster a "Shared Decision-Making" model through integrated partnerships between Dermatology and Rheumatology.
- **Data Excellence:** Master the creation and management of clinic-specific databases to improve patient tracking.
- **Academic Leadership:** Establish an academic infrastructure to support high-quality medical research and publication.
- **Regional Advocacy:** Collaborate with local peers to draft or enhance regional clinical guidelines.

II. Key Thematic Areas

- **RWE (Real World Evidence):** Clinical application and data gathering in a live practice setting.
- **Informatics:** Methodology for building applicable research databases.
- **Complex Case Management:** Navigating difficult diagnoses and co-morbidities (e.g., TB, Oncology, and other comorbidities).
- **Patient-Centric Care:** Mastering Clinical and Patient-Reported Outcomes (PROs).

III. Anticipated Curriculum Structure

The program begins with the selection of a core research question intended for publication.

Phase	Focus	Key Activities
Week 1	Clinical Immersion	Introduction to clinic workflow, physical infrastructure, and the multidisciplinary team (Nutrition, Psychology, Social Work).
Week 2	Clinical Decisions	Training in PROs and Clinician-Reported Outcomes; participation in multidisciplinary clinical staff meetings.

Phase	Focus	Key Activities
Week 3	Data Management	Analysis of existing clinic databases and training on building a proprietary data architecture.
Week 4	Epidemiology	Focus on statistical principles and translating raw clinical data into research insights.
Week 5	Scientific Writing	Article drafting: choosing a focus, methodology, and selecting appropriate journals or medical congresses.
Week 6	Academic Leadership	Leading a workshop and organizing an academic meeting/journal club.
Week 7	Guideline Advocacy	Active participation in drafting medical guidelines for dermatological and rheumatological co-management.
Weeks 8-11	Synthesis & Finalization	Assisted completion of the assigned academic work and finalization of the manuscript.

IV. Mentorship & Methodology. Activities

- **On-Site Clinical Practice:** Direct patient interaction within a supervised setting.
- **Weekly Mentorship:** Dedicated 1-on-1 meetings to review progress on thematic goals and research.
- **End-to-End Accompaniment:** Continuous support throughout the clinical and academic process.

V. Expected Outcomes

1. **Publication:** Completion of a high-quality academic work ready for submission.
2. **Implementation:** A concrete plan for the mentee to launch a similar integrated program in their home clinic.
3. **Network:** The establishment of a long-term professional bond for future multicenter research.

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